



No 26— 2018/2019

Abuja Preparatory School

3rd April 2019

FORGET ME NOT

- Fri 5th April - Year 2 Dolphin Assembly
- Sat 6th April - Abuja Prep’s 5th Anniversary Fun Fair (2:00 Pm—5:00 PM)
- Mon 8th April - EYFS – Shared Learning (Nursery—Fashion Parade and Reception - Solar System) Time—8:00 AM – 9:00 AM)
Parents, family members and friends are invited
- Tue 9th April– Thurs 11th April - Year 6 Cambridge Checkpoint Assessments
- Thurs 11th April - Abuja Prep’s Got Talent 2.00 PM - 4:00PM
- Fri 12th April - Last Day of Term 2- 11 o’clock closing
- Mon 29th April - School resumes

House Point Totals of the Week

	Eagles – 198
	Falcons – 111
	Hawks - 161
	Ravens - 175

Dear parents & carers,

Welcome to this week’s Blossoms.

This article is a continuation of the last week’s article on NLP.

Neuro means everything that goes in our head.

Linguistic is everything that comes out of our mouth, the things we say.

Programming is what we do , out pattern of behaviour.



Getting Started with Neuro Linguistic Programming as a Parent (ref minsetmax.com)

Here are 3 ways Here’s how to get started with using NLP as a parent:

1. Reinforce the Good

Rewarding good behaviour is a great way to encourage children to do more of that. If you focus on negative behaviour only, chances are you’ll only get more of negative behaviour. However, keep your praise specific and reward the action more than the result to encourage a growth mind-set as well.

2. Understand Your Child by Being Like Them



While being a parent is tough, it isn’t easy being a child as well. After all, you have to depend upon an adult understanding what you need, when you need it and the lack of independence can be frustrating to many kids.

Understand your child better by stepping into their shoes and be a part of their lives rather than just live with them. For instance, make weeknights a family board game or book reading night and really talk to them, understand them, and help them channelize their feelings and emotions.

3. Change Your Own Behaviour

Finally, remember that as the adult, you, can change your own reactions and behaviors to help your child. If you notice that you lack patience, use NLP to change that. If you feel you’re stressed and overwhelmed, make use of NLP techniques to dissolve the stress. When you change, your situation as a parent will also change.



Strategies:

You can help your child by finding an effective strategy to meet that child's needs. If the child does not respond well to formal education, find out what the child's true values are.

For example, if he is spending hours and hours playing computer games and virtually no time doing homework, it is not because he is suffering from attention deficit disorder (ADHD); it is because playing computer games is much higher on his hierarchy of values than homework.

In those circumstances, it is necessary to find a strategy that will link homework to the computer skills that have already been acquired and are enjoyed.

The way to get children to learn willingly is to give them encouragement and confidence in themselves; chastisement and telling them they are "no good" or "thick" didn't ever spur a child to greater achievements.

If the child appears to be a slow learner, look instead to the teacher to see what alternative methods are being tried

Have a great week ahead.

Kind regards,

Mr Akif Naqvi,
Headmaster .

You Brighten My Day I trust you Remarkable Good job
You make me laugh You're Wonderful Great Way To Go
Brilliant You're Perfect Magnificent Outstanding Performance
I Believe In You What a Good Listener Neat You make me happy
Awesome Beautiful Work You're The Best Superstar
You Mean A Lot To Me Great discovery What an imagination
Spectacular Super Work You tried hard You're Special Well Done
Incredible Now you've got it Good For You I'm proud of you
Knew You Could Do IT Dynamite job You're Fantastic Good Job
Hurray For You How Nice Phenomenal Bingo You Are Fun
Nice Work You're Important Marvelous Incredible
You're Amazing Spectacular WOW Remarkable job You're a great friend



Captain Cuddles supporting
Eagles House. He is seen here
with Mr Idoko, Mrs Ibrahim,
Khadija and Jordan
Keep soaring, Eagles!





ABUJA PREPARATORY SCHOOL



FUNFAIR

**WET
SOCCER**

FOOD

GAMES

KARAOKE

CELEBRATING

**BOUNCY
CASTLE**

**ROW
BOATS**



**FUNTABULOUS
YEARS**



**6th
APRIL**

**2
pm**

**EDMUNDS
MARQUEE, HOTEL
DABRAS, 80
AMINU KANO
CRESCENT, WUSE 2.**

Come Have fun with Us

APRIL IS AUTISM AWARENESS MONTH

Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. According to the Centers for Disease Control, autism affects an estimated 1 in 59 children in the United States today.

Although the World Autism Awareness Day was on Tuesday 2nd April, we at Abuja Prep are honoring this cause on Friday 5th April by wearing a touch of **blue**. We request our children and staff to have a touch of **blue** in what they wear on Friday. Please note that this is not compulsory.

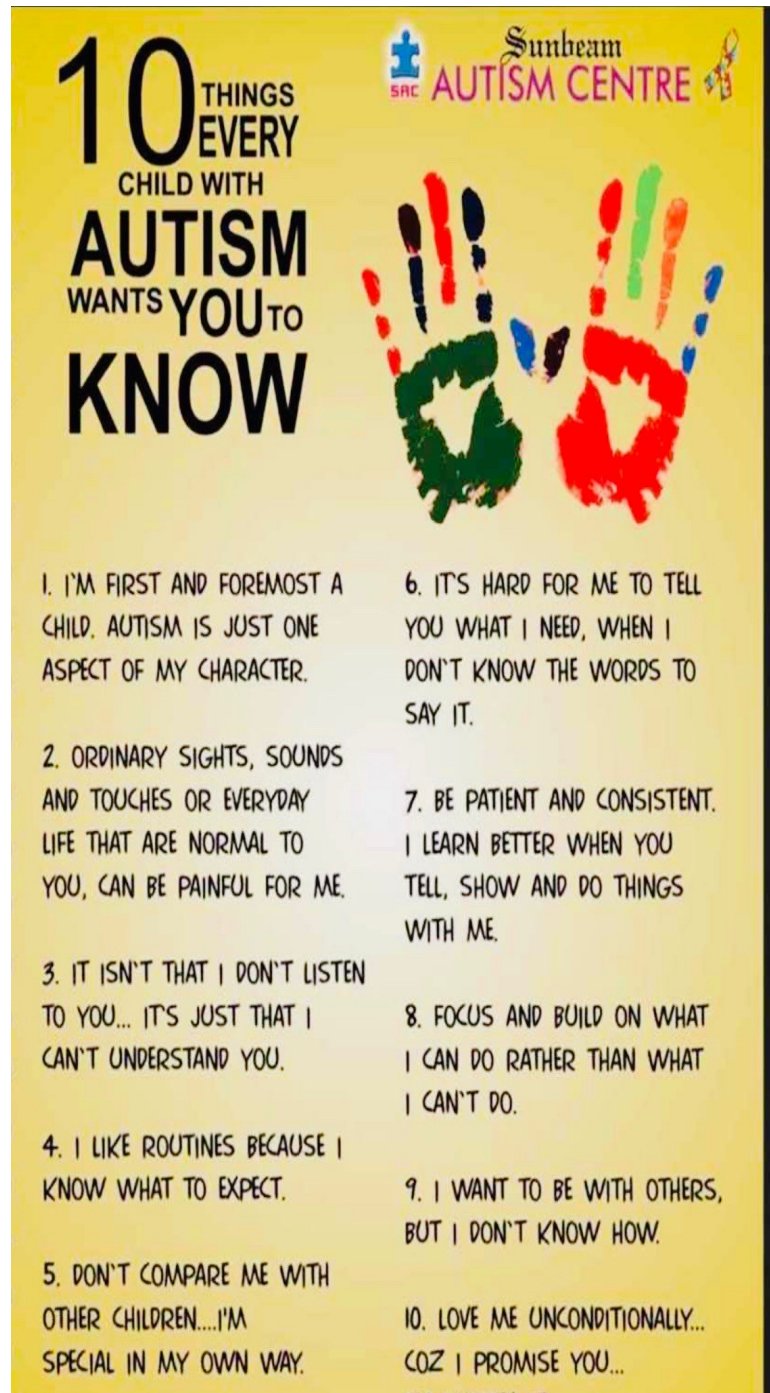


What is Autism?

Autism is a developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them. It is a spectrum condition. This means that, while all people with autism share certain difficulties, their condition will affect them in different ways.



AUTISM
AWARENESS
MONTH
APRIL



10 THINGS EVERY CHILD WITH AUTISM WANTS YOU TO KNOW

Sunbeam SAC AUTISM CENTRE

1. I'M FIRST AND FOREMOST A CHILD. AUTISM IS JUST ONE ASPECT OF MY CHARACTER.
2. ORDINARY SIGHTS, SOUNDS AND TOUCHES OR EVERYDAY LIFE THAT ARE NORMAL TO YOU, CAN BE PAINFUL FOR ME.
3. IT ISN'T THAT I DON'T LISTEN TO YOU... IT'S JUST THAT I CAN'T UNDERSTAND YOU.
4. I LIKE ROUTINES BECAUSE I KNOW WHAT TO EXPECT.
5. DON'T COMPARE ME WITH OTHER CHILDREN...I'M SPECIAL IN MY OWN WAY.
6. IT'S HARD FOR ME TO TELL YOU WHAT I NEED, WHEN I DON'T KNOW THE WORDS TO SAY IT.
7. BE PATIENT AND CONSISTENT. I LEARN BETTER WHEN YOU TELL, SHOW AND DO THINGS WITH ME.
8. FOCUS AND BUILD ON WHAT I CAN DO RATHER THAN WHAT I CAN'T DO.
9. I WANT TO BE WITH OTHERS, BUT I DON'T KNOW HOW.
10. LOVE ME UNCONDITIONALLY... COZ I PROMISE YOU...

A good article to find more about Autism: <http://theopenend.com/2009/08/06/red-flags-signs-of-autism-spectrum-disorders/>



- YEAR 1 RABBIT Khadija Jamil Mohammed
- YEAR 1 RABBIT Nana-Maryam Ibrahim
- YEAR 2 ORCA Aisha Ahmed Ismail
- YEAR 2 ORCA Sa'adatu Tijjani
- YEAR 3 GIRRAFE Chizara Ekweme
- YEAR 3 GIRRAFE Oluwafaramomi Olujinmi
- YEAR 4 HIPPO Lara Imad
- YEAR 5 BEAR Yusuf Lawal Suleiman
- YEAR 5 BEAR Bilqees Maitama

CERTIFICAT DE MERIT

- YEAR 4 HIPPO Halima Bilyaminu Yusuf
- YEAR 5 WOLF Mohammed Musa Yusuf
- YEAR 6 JAGUAR Xavier Cole



Year 1 Rabbit Assembly - Houses

Year 1 Rabbit's first Assembly had so much learning. It started with the famous fable 'The Three Little Pigs and a Big Bad Wolf' a 1904 adaptation of the story. The children confidently explained the types of houses and interacted with the audience by asking questions.



Thank you to mums, dads and other family members for taking time out from their busy schedules to support their children. Well done, teachers and all the happy and confident children in Year 1 Rabbit.





Cambridge Schools Conference 2019 - Creating the conditions for success

We welcome back our two staff members Ms Irene and Ms Stelle who went to Cape Town South Africa to attend the Cambridge Schools Conference

This year, the conference explored how school leaders and teachers can create the right conditions for success - starting in the classroom and achieving impact across the whole school. Both our staff members learnt so much, which they are going to share with the rest of the staff. They explored, reflected on and discussed:

How you can deliver the best conditions for teaching in your classrooms.

Cognitive, neurological and psychological learning factors, and what this means when establishing a learning environment.

Overcoming barriers to learning, using practical examples you can take back to your own school.

Student wellbeing such as inclusivity, student mental health and resilience

What 'success' looks like in an effective learning environment and what successful schools do in terms of leadership, classroom practice, school community engagement and the best tools to use to inform school improvement.

Speakers:

Valerie Hannon's career spans leadership of education systems, research, teaching, and capacity building. She is now an established thought leader in the field of education innovation.



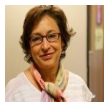
Amy Burke is an educational consultant who spent 15 years as a high school teacher and guidance counsellor in Canada and The Netherlands.



Kevin Hawkins has worked with adolescents and young people in various contexts for over 30 years - as teacher, school head, and social worker in the UK, Africa, and Europe.



Professor Amanda Kirby is unusual, as she is a GP, experienced researcher, clinician and also a parent of a neuro-diverse adult with Dyslexia, DCD and ADHD).

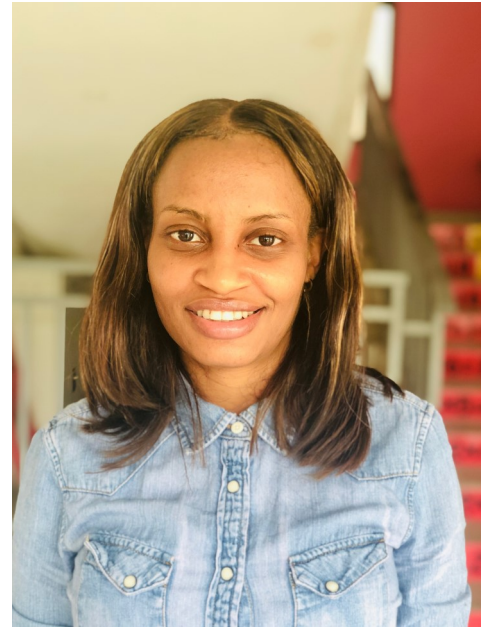
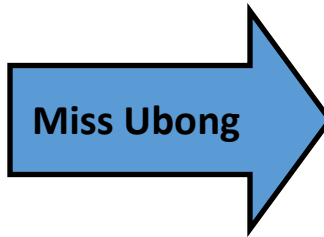


Professor Jonathan Glazzard is Professor of Teacher Education at the Carnegie School of Education at Leeds Beckett University.



Farewell & Welcome

Unfortunately, we will say farewell to a hardworking staff member at the end of this term. Miss Ubong is getting married and moving away from Abuja. She has been so dedicated to our school, going the extra mile week in and week out. The newest member of the Abuja Prep family is Miss Esther Ulor. She has a BSc. In Sociology She has a passion for working with Children.



WHEN I GROW UP, I Want To Be...



I want to be a teacher. I would like to teach math and science. I want to be a teacher because I like looking after children and playing with them

Letizia Ferrario—Year 6



When I grow up I want to be a singer because I like expressing my feelings through songs. One day I hope to write my own songs.

Kachira Okuzu—Year 6

Parent/Teachers Interviews

Our new format of Parent Teacher Interviews went well. Parents as in Term 1, had a chance to sit inside their child's classroom. They were able to go through their exercise books and looked at the wonderful work on display. Specialist Teachers were available in their respective rooms.

Active Learning

Year 4 Hippo and Elephant children have been learning about the influence of Pressure Groups in changing laws within their communities in Nigerian Studies. They had a mock protest around the school. The National Local Food Association of Abuja Prep had a peaceful protest and clearly stated their opinions about the school menu to the proprietress Mrs Ibrahim. They want local Nigerian food included in the new menu. Their requests have been noted and management will look into the matter.



The Greatest Showman Facts: 9 Things You Need to Know!

It's one of the best musicals of all time!

The Greatest Showman is a musical starring Hugh Jackman, Michelle Williams, Zac Efron and Zendaya.

It tells the true story of the legendary circus ringmaster P.T. Barnum and the Swedish opera singer Jenny Lind and features one of the most fantastic movie soundtracks ever recorded.

Whether you've seen it yet or are planning to in the near future, here are awesome facts about The Greatest Showman you absolutely, positively need to know right now!

1. Zendaya did all of her own trapeze stunts for the film! It took her months of practice!
2. Hugh Jackman plays the real life PT Barnum. The ringmaster's initials stand for Phineas Taylor! He once said: "To me there is no picture so beautiful as smiling, bright-eyed, happy children; no music so sweet as their clear and ringing laughter!" He would have loved Beano!
3. The original Barnum & Bailey Circus ran for 146 years in real life...but it closed for good in 2017 😞
4. The singer Jenny Lind was a real person. She did a show with PT Barnum for a while
5. Many of the costumes worn by the circus cast came from the real Barnum Circus! We bet that made the wardrobe department's job a whole lot easier!
6. During the fire scene, some special effects got out of hand. The whole set burned down for real – Zac Efron was lucky not to be hurt
7. Rebecca Ferguson who plays opera singer Jenny Lind didn't actually sing in the movie! Her voice is dubbed with a real life opera singer!
8. Keala Settle who plays the bearded woman Lettie Lutz was covered in purple slime! This was to make a cast for her make up!





Sudoku- Puzzle 3

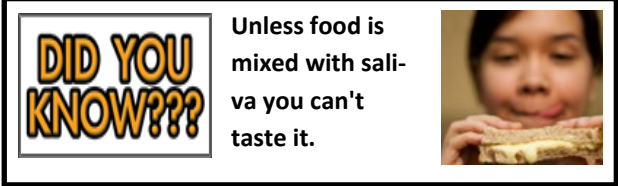
2	5	4	3	1	7	9	8	6
8	1	9	4	6	5	3	7	2
3	7	6	9	2	8	5	1	4
6	2	5	7	9	4	1	3	8
4	9	8	1	3	6	2	5	7
1	3	7	8	5	2	4	6	9
9	6	2	5	8	3	7	4	1
5	4	1	6	7	9	8	2	3
7	8	3	2	4	1	6	9	5

6	1	7	9	4	3	5		8
	3	5	8	7	1	9	4	
8		4	6	2	5	1	3	7
4	5	6	1		7	2	8	3
3	7		5	6	2	4		9
1	2	9		3	8	6	7	5
7	6	1	3	5		8	9	2
9	8	3	2	1	6	7	5	
	4	2	7	8	9	3	6	1

Answers for previous week

Day Of Hope

Every year millions of children around the world are victims of abuse and neglect, and millions more receive preventative assistance to help avoid continuing abuse. The Day Of Hope is a day to remember these hidden statistics, and to do your part to help those in your community and throughout the world. Abuse comes in many forms, from physical violence, to sexual abuse, to sheer neglect where necessary medical care and food are withheld.



The Leader in Me

A brief look at past and present leaders to inspire future leaders of Abuja Prep!



Michigan's **Rashida Tlaib** and Minnesota's **Ilhan Omar** both made history by winning their elections and becoming the first Muslim women to be elected to the U.S. Congress.

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